



# Liverpool City Region

A SUSTAINABLE GUIDE



VISITLIVERPOOL.COM



# Liverpool City Region is a place like no other

A vibrant mix of world-class culture, areas of breathtaking natural beauty, and warm, welcoming communities. It is a place that embraces and inspires the world in equal measure. Who wouldn't want to visit?

Every trip can create a lifetime of memories but how we travel and the choices we make can have impacts on the people and places we visit.

That's why we've made this guide, to support our visitors in making positive choices when exploring everything our city region has to offer and ensure our destination and planet are protected for years to come.

We've covered everything from sustainable stays, low carbon transport options and the very best places to visit to ensure your trip has a positive impact.

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## Transformative Transport

It's well known that public transport options produce lower carbon emissions per passenger than travelling by car or taxi.

But in the Liverpool City Region we've gone further, making the choice even easier.

In this section you can discover all the sustainable transport Liverpool City Region has to offer from battery powered trains, low emission busses to active travel routes and e-scooters.

### Merseyrail

Battery Powered trains operate over the entire Merseyrail network, reducing the carbon footprint of your journey by 66% compared to traveling in a car.

With cycle storage at stations, and dedicated bike spaces on all trains, why not combine your journey with other sustainable options.



### Walking

Liverpool has been ranked as the 11th most walkable city in the world by Forbes.

Whether you're walking to get from A to B in the city, exploring the region's coasts or country parks, you can plan your route [here](#).

### Cycling & E-scooter travel

Over 2000 e-scooters and e-bikes, providing carbon neutral travel are available to hire in the Liverpool City Region, powered by Bolt. Find out more on how to hire a Bolt vehicle [here](#).

Don't know where to explore? Find interactive and downloadable cycle maps [here](#).

Or plan your own route! Whether walking, cycling or using an E-scooter, plan your route across the whole city region [here](#).

### Buses

7 in ten buses in the city are low emission, running on cleaner fuels like electricity, naturally occurring biomethane gas or a mix of the two.

You can travel from Liverpool John Lennon Airport to the city centre on one of our low emission busses in just half an hour.

Find out more on buses to and from LJLA [here](#).





## Green Flag Green Spaces

The Green Flag Award® scheme recognises and rewards well managed parks and green spaces, setting the benchmark standard for the management of recreational outdoor spaces across the United Kingdom and around the world. Liverpool City Region has an abundance of these sites, with over 100 across Liverpool, Wirral, Halton, St Helens, Sefton and Knowsley.



## Scenic Walks

Whether you're looking for scenic coastal walks, peaceful parkland strolls or urban routes rich in history, walking in the Liverpool City Region offers something for every pace and season. From tranquil city parks to windswept coastal paths and nature reserves, this vibrant destination is packed with rewarding walking routes waiting to be explored. Lace up your boots and experience the Liverpool City Region one step at a time.







## De-carbonised Days Out

In this section you can discover the best sustainable things to do on your visit.

Discover Liverpool City Region's unique natural offer. Everything from sandy beaches to leafy parks and coastal walking routes to simply some of our most popular attractions who have put sustainability at the heart of their offer.

## Get off the beaten track

Across our six boroughs there's so much more to explore, from stunning coastlines and beaches, tranquil parks and walking trails, as well as rich cultural heritage and unique attractions waiting to be discovered.



## Crosby Beach

Crosby beach blends stunning sunsets, golden sands and striking modern art.

Just a 20 minute train ride from Liverpool City Centre, Crosby Beach is the perfect spot for a peaceful walk, a relaxing beach day or for simply soaking up the beauty of the Mersey coastline.

Discover Anthony Gormley's 'Another Place': 100 cast-iron, life-size figures spread out along 3km on the beach.

Find more Information [here](#)



## Outdoor Escapes

Discover the wealth of beaches, parks and natural attractions spanning the whole city region through our interactive map [here](#)

If you're looking for recommendations for outdoor escapes check out our sustainability page [here](#)



# Sustainability Spotlight



## The Beatles Story

With both Strawberry Field and The Beatles Story holding Green Tourism Silver, you can take a (sustainable) deep dive into the world's most famous band.

At the Beatles Story, explore Beatlemania first hand as you travel down the long and winding road taking in fascinating exhibits, interactive displays and memorabilia from their incredible career and lives.

Book your visit [here](#)



## Strawberry Field

You've heard the song, now experience the place that inspired it.

Step beyond the famous red gates and immerse yourself in the inspiring history and world-famous music.

Walk the same steps as John Lennon through the quiet gardens and explore the exhibition including the must see 'Imagine Piano' that Lennon recorded the world famous song on.

Book your visit [here](#)



## Sustainable Stays

Liverpool City Region offers a growing range of eco-conscious stays.

In this section, all sustainable stays have trusted sustainability accreditation, giving you peace of mind that your stay is the gold standard for environmental sustainability.

### Green Key

**Pullman Liverpool**  
[Learn More](#)

**The Halyard Liverpool**  
[Learn More](#)

**Crowne Plaza Liverpool**  
[Learn More](#)

**Holiday Inn Express Liverpool Central**  
[Learn More](#)

**Delta Hotels by Marriot Liverpool**  
[Learn More](#)

**Novotel Liverpool City Centre**  
[Learn More](#)

**Novotel Paddington Village Liverpool**  
[Learn More](#)



**Wirral Country Park Club Campsite**  
[Learn More](#)

**The Municipal**  
[Learn More](#)

### Green Tourism Silver

**Hard Days Night Hotel Liverpool**  
[Learn More](#)

**Raddison Blu Liverpool**  
[Learn More](#)

**The Vincent Southport**  
[Learn More](#)

**Village Hotel Liverpool**  
[Learn More](#)

**Village Hotel Wirral**  
[Learn More](#)

### Green Tourism Gold

**Leonardo Hotel Liverpool**  
[Learn More](#)

**Maldron Hotel Liverpool**  
[Learn More](#)

**Sunnyside Guesthouse Southport**  
[Learn More](#)

**The Resident Liverpool**  
[Learn More](#)

**Southport Club Campsite**  
[Learn More](#)

### Green Tourism Bronze

**Aloft Liverpool**  
[Learn More](#)

**Premier Suites Liverpool**  
[Learn More](#)

**Malmaison Liverpool**  
[Learn More](#)



## Eco Friendly Eats

For a growing number of Liverpool's restaurants sustainability is on the menu!

In this section you can explore our recommendations for an eco-friendly eat or drink from carbon neutral restaurants to vegan cafés.





## Murray Bold St & Albert Dock



With this eco-friendly eat, its two sustainable locations for the price of one!

Founded in 2014 by James Bates, Tom White and Dom Jones, Maray was inspired by experiences in the Le Marais district of Paris, an area influenced by Middle Eastern food. They serve exciting, beautiful small plates inspired by Middle Eastern recipes, accompanied by zingy, joyous cocktails.

Best of all, you can enjoy their wonderful hospitality with a clear conscience: they have been certified Carbon Neutral since 2021, thanks to their support for reforestation and forest protection around the world

### **Bold St**

[Open in Google Maps](#)

### **Albert Dock**

[Open in Google Maps](#)

## Free State Kitchen

Maryland Street Georgian Quarter



Not only does FSK come deservedly high in lists of Britain's best burgers, it also uses its lovely courtyard garden to grow as much of its food as it can, fertilising the crops with grounds from their tasty coffee. Led by husband and wife team Gary and Kate, it serves a contemporary twist on American classics.

The team regularly spices up their menu too, offering short-term specials like their yummy one celebrating the Lunar New Year (pictured). You simply must eat here.

[Open in Google Maps](#)



## Nettle Café

Hamilton Square, Birkenhead



Located next to Birkenhead's beautiful Georgian Hamilton Square, Nettle Café is set in a community crafts centre. Julia Strelzuk, who set up Nettle, believes in the power of good natural foods to improve wellbeing as well as protecting the environment, and where possible use produce grown on-site.

Committed to sustainability, the café recently rescued the books that had been housed in a much-loved bookshop at Williamson Art Gallery, you can now find them safe and cosy in a corner of Nettle (as pictured), just ready to help you relax with a cuppa.

## The Vibe

Paradise St Ropewalks



This vegan café is right next to Liverpool One in the heart of the city, in a magnificent Victorian building. Serving breakfast and lunch, it's a massive favourite with visitors and locals alike for exciting, ethical, plant-based eating.

Whilst their usual menu is lovely, they also regularly offer specials, like this (pictured) yummy cheese, mushroom, and broccoli omelette, all plant-powered of course.

[Open in Google Maps](#)





# Carbon Offsetting

You've made great sustainable choices for your trip, well done! Even with eco-friendly travel decisions, there's still a carbon impact to consider.

Carbon offsetting is a powerful way to balance that impact, by reducing the carbon footprint of your trip to zero or even going beyond by offsetting more than you emit

You can calculate your trip's carbon footprint of your trip and explore offsetting options [here](#)



